#### About the Event

This walk will take place in the beautiful setting of Centennial Park, Picnic Area 6 in Etobicoke on Sunday, May 28, 2023, rain or shine. Participants have the option of completing either the 5 km or 10 km course.

There is no walkathon registration fee! Bring the whole family.

Everyone is welcome; youth under the age of 13 must be accompanied by an adult.

Grade and high school students wanting community service hours will be granted service hours as follows:

Walk	Pledge Total	Earn	
5 km	\$ 50	5 hours	
10 km	\$ 100	10 hours	

# **How to Collect Pledges**

Use the pledge form provided to collect pledges. Carry your pledge form with you everywhere you go. Ask family, friends, co-workers and local businesses for their financial support. Donations to Carmelina's Home can also be collected by those who wish to support this fundraiser but are unable to walk this year.

# Raise Pledges, Win A Great Prize!

The top fundraiser will receive a prize.

### How to Register

#### Registration

In person: bring your completed pledge form and cheques with you to the event on May 28.

Make cheques payable to Carmelina's Home — Mater Dei.

## The Day of the Event

All participants are required to check-in at the registration desk prior to beginning their walk.

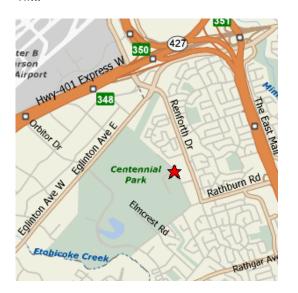
11:30 am Check-in opens

12 noon Walk starts

Complimentary water will be provided throughout the walk; free BBQ picnic to follow.

#### How to Get There

Picnic Area 6 in Centennial Park is located at Rathburn Rd. and Elmcrest Rd. Free parking is available in the parking lot at the end of Elmcrest Rd. You can walk to picnic area 6, east of the parking lot, walk towards Centennial Ski Hill.



#### Carmelina's Home — Mater Dei

Carmelina's Home is a women's long-term residential therapeutic program open to women with addictions and emotional issues. As reflected in our butterfly symbol, the program is a journey that includes education, counseling and personal transformation. It is the unfolding of a new life.

Carmelina's Home is a program that offers a community environment for women who are learning how to appreciate life. It helps them understand and love the life they have and gives them the opportunity to think, reflect, and make changes. The program offers them the possibility to learn, grow and to change.

# Thank you for your support!

The women of Carmelina's Home appreciate and thank each of you for your support and dedication for making the 17<sup>th</sup> Annual Addiction Awareness Walk-a-thon a possibility. All funds raised, go to help support Carmelina's Home operations.



Charitable Non-Profit Organization 86413 7336 RR0001

# Carmelina's Home

17<sup>th</sup> Annual Addiction Awareness Walkathon

Walk with family & friends



Sunday, May 28, 2023
Centennial Park
Picnic Area 6
(Rathburn & Elmcrest) Etobicoke,
Ontario

# Carmelina's Home — Mater Dei Addiction Awareness Walkathon Pledge Form Sunday, May 28, 2023 — Centennial Park, Picnic Area 6

Sunday, May 28, 2023 — Centennial Park, Picnic Area 6									
Name:		Address:							
Tel. #:		Email:			Walk: □	] 5 km □	10 km		
Please print legibly. You r	nay photocopy this page or	obtain a second sheet, as requi	red. Tax receipts will be issued f	or donations of \$20 o	r more when a	full address is	provided.		
Last Name	First Name	Address	Postal Code	E-mail		Pledge Amount	Tax Receipt (Yes/No)		
Participant Waiver / Release Agreement  By participating in Carmelina's Home Mater Dei walkathon, I waive and release any, and all claims for myself, heirs, executors and				Subtotal					
administrators against all sponsors,	officials and organizers of this	•	nich may directly or indirectly result		Total				
Signature:		Date:							
(Parent or guardian signature requi	red if under 18 years old)								